

## GIRO HELMET MEASURING GUIDE

Can't find a piece of string and a ruler or a cloth measuring tape? Don't fret—you can make your own! All you need is Adobe Reader (or any PDF reader), a printer, scissors, some tape and an interest in arts & crafts. Once your measuring guide is complete, you can laminate it and loan to friends and family. Or print the guide on nice, soft paper stock and use it as a sweat-wicking headband.

### HOW TO ASSEMBLE THE SIZING CHART:

- Set your printer's PAGE SCALING to NONE. In Adobe Reader, click File, then click Print. In the Print dialog box, under page handling set the page scaling option to NONE.
- After the page prints, place a quarter or penny inside the designated circle below. If this page is printed properly, the coin will fit perfectly within the circle and the line will be visible.
- Cut carefully along the edges.
- Line up cutout A to cut out A and tape or glue together.
- Do the same with cutouts B and C.

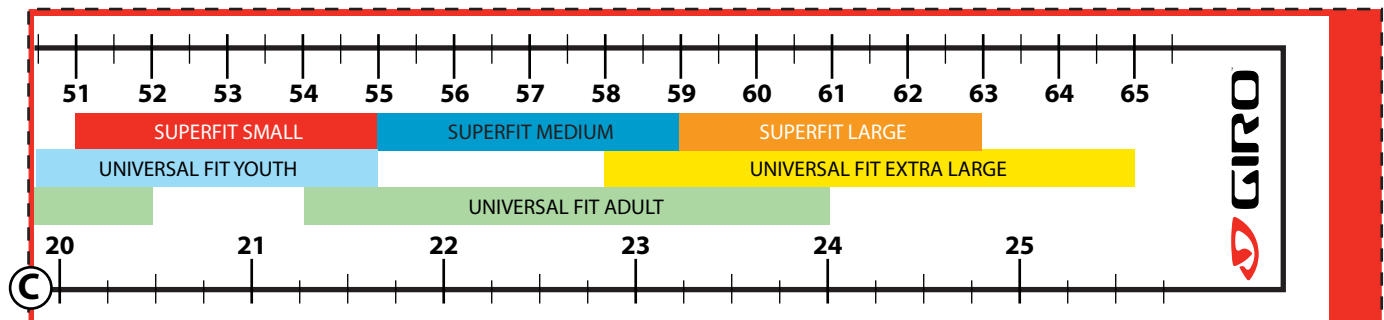
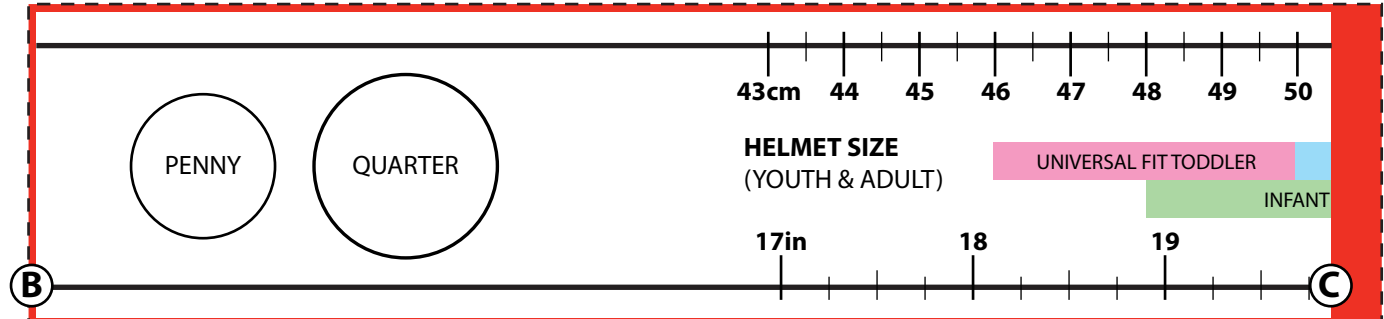
### WHEN TAKING THE MEASUREMENT:

- It is best to have someone else mark the tape since it is difficult to do by yourself.
- Align it just above the ears where the sweat band of a hat would naturally lay and mark the tape.

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**What size helmet do you need?** Use this tape to measure your head horizontally, across your forehead and above your ears. The red "Giro Icon" end of the tape should land on a measure between 50 and 65 centimeters, indicating the corresponding size in each of Giro's helmet models. Use this as a starting point only—all heads are shaped differently, so it's important to try helmets on. You can customize fit with the helmet's built-in fit system (Roc Loc 5, for example), or switch to a different pad set. You may choose to move up or down a size to find the one that feels most comfortable and secure. For further information on fit, refer to Giro.com.



### DISCLAIMERS:

\*Failure to completely follow these instructions could result in inaccurate measurements, which could lead to purchasing a helmet with an incorrect fit. At the very least, mistakes made here will make this entire project a big waste of your time (and paper)!